

All meals are served with Coffee, and Assortment of Teas, Whole Milk, 2% Milk or Skim, and a variety of juices such as Orange, Apple, Cranberry, and Grape.

Reviewed by VB, RD 4-17-23						
<b>Spring/Summer Menu Week 4</b> <b>Week of Aug 11th</b>						
<b><u>Monday Breakfast</u></b> <ul style="list-style-type: none"><li>French Toast w/Maple Syrup</li><li>Sausage</li></ul> <b><u>Lunch</u></b> <ul style="list-style-type: none"><li>Tuna Salad Plate (scoops of Tuna Salad, Potato Salad and Broccoli Salad)</li><li>Dinner Roll w/Butter</li><li>Chocolate Cake w/Frosting</li></ul> <b><u>Dinner</u></b> <ul style="list-style-type: none"><li>Stuffed Shells w/ Marinara</li><li>Diced Beets</li><li>Garlic Knot</li><li>Oatmeal Raisin Cookie</li></ul>	<b><u>Tuesday Breakfast</u></b> <ul style="list-style-type: none"><li>Cheesy Scrambled Eggs</li><li>Maple Oatmeal</li><li>English Muffin</li></ul> <b><u>Lunch</u></b> <ul style="list-style-type: none"><li>Lemon Pepper Chicken</li><li>Baked Potato w/ Sour Cream</li><li>Roasted Butternut Squash</li><li>Raspberry Cheesecake</li></ul> <b><u>Dinner</u></b> <ul style="list-style-type: none"><li>Hearty Chicken Noodle</li><li>Ham Salad Sandwich</li><li>Lettuce and Tomato</li><li>Mandarin Oranges</li></ul>	<b><u>Wednesday Breakfast</u></b> <ul style="list-style-type: none"><li>Fried Eggs</li><li>Home Fries</li><li>Cheerios</li></ul> <b><u>Lunch</u></b> <ul style="list-style-type: none"><li>Hot Roast Beef Sandwich w/Gravy</li><li>Mashed Potato w/Gravy</li><li>Green Beans</li><li>Cherry Crisp w/tpg</li></ul> <b><u>Dinner</u></b> <ul style="list-style-type: none"><li>Chicken Fingers w/Sauce</li><li>Fries</li><li>Maple Glazed Carrots</li><li>Ice Cream</li></ul>	<b><u>Thursday Breakfast</u></b> <ul style="list-style-type: none"><li>Pancakes w/Maple Syrup</li><li>Bacon</li></ul> <b><u>Lunch</u></b> <ul style="list-style-type: none"><li>Taco Salad</li><li>Spanish Rice</li><li>Fajita Corn</li><li>Strawberry Bavarian Cream</li></ul> <b><u>Dinner</u></b> <ul style="list-style-type: none"><li>BBQ Ribette</li><li>Mashed Potato w/Butter</li><li>Broccoli</li><li>M&amp;M Cookie</li></ul>	<b><u>Friday Breakfast</u></b> <ul style="list-style-type: none"><li>Bacon &amp; Cheese Scramble</li><li>Oatmeal</li><li>Apple Cinnamon Coffeecake</li></ul> <b><u>Lunch</u></b> <ul style="list-style-type: none"><li>Turkey Salad Sandwich</li><li>Hearty Beef Vegetable Soup</li><li>Dinner Roll w/Butter</li><li>Yellow Cake w/Frosting</li></ul> <b><u>Dinner</u></b> <ul style="list-style-type: none"><li>Mac &amp; Cheese</li><li>Cornbread</li><li>Stewed Tomatoes</li><li>Chocolate Pudding w/tpg</li></ul>	<b><u>Saturday Breakfast</u></b> <ul style="list-style-type: none"><li>Spinach and Cheese Omelet</li><li>Cream of Wheat</li><li>Home Fries</li></ul> <b><u>Lunch</u></b> <ul style="list-style-type: none"><li>Breaded Haddock w/Tartar Sauce</li><li>Roasted Red Potatoes</li><li>Cauliflower</li><li>Peanut Butter Brownie</li></ul> <b><u>Dinner</u></b> <ul style="list-style-type: none"><li>Cream of Broccoli Soup</li><li>Sliced Turkey Sandwich w/Mayo</li><li>Lettuce and Tomato</li><li>Pears</li></ul>	<b><u>Sunday Breakfast</u></b> <ul style="list-style-type: none"><li>Scrambled Eggs</li><li>Rice Krispies</li><li>Danish</li></ul> <b><u>Lunch</u></b> <ul style="list-style-type: none"><li>Honey Glazed Ham w/Gravy</li><li>Sweet Potatoes</li><li>Creamed Spinach</li><li>Chocolate Cream Pie</li></ul> <b><u>Dinner</u></b> <ul style="list-style-type: none"><li>Chicken Salad Sandwich</li><li>Lettuce and Tomatoes</li><li>Pickled Beets</li><li>Watermelon</li></ul>

Good nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well-balanced diet. The daily menu may vary slightly due to the special diet ordered to meet your needs. Please, feel free to ask any questions regarding your menu, diet, or service.