

All meals are served with Coffee, and Assortment of Teas, Whole Milk, 2% Milk or Skim, and a variety of juices such as Orange, Apple, Cranberry, and Grape.

Reviewed by: VB, RD

**Spring/Summer  
Menu Week 1  
Week of April 1st**

**Monday  
Breakfast**

- Cheesy Scrambled Eggs
- Cream of Wheat
- Blueberry Muffin

**Lunch**

- Spaghetti & Meatsauce
- Garlic Bread
- Roasted Summer Squash
- Apple Crisp

**Dinner**

- Fishwich on a Bun & Tartar Sauce
- Green Beans
- Ice Cream

**Tuesday  
Breakfast**

- Waffles w/ VT Maple Syrup
- Bacon

**Lunch**

- Baked Chicken w/ Gravy
- Sweet Potatoes
- Broccoli
- Orange Fluff

**Dinner**

- Baked Potato Soup
- Ham Salad Sandwich
- Lettuce and Tomato
- Chocolate Mousse with Tpg

**Wednesday  
Breakfast**

- Fried Eggs
- English Muffin
- Maple Oatmeal

**Lunch**

- Chef Salad (Turkey, Cheddar, Egg)
- Hearty Vegetable Soup
- Dinner Roll w/Butter
- Strawberry Shortcake

**Dinner**

- Beef Ravioli w/Marinara sauce
- Spinach
- Italian Bread/ butter
- Chocolate Chip Cookie

**Thursday  
Breakfast**

- Veggie & Cheese Omelet
- Cinnamon Raisin Toast
- Cheerios

**Lunch**

- BBQ Pork Ribette
- Macaroni Salad
- Pickled Beets
- Chocolate Eclair

**Dinner**

- Hot Dog on a Bun
- Baked Beans
- 3-Bean Salad
- Watermelon

**Friday  
Breakfast**

- Pancakes w/ VT Maple Syrup
- Sausage

**Lunch**

- Baked Salmon
- Roasted Red Potatoes
- Peas
- Banana Cream Pie

**Dinner**

- Minestrone Soup
- Egg Salad Sandwich
- Lettuce and Tomato
- Raspberry Sherbet

**Saturday  
Breakfast**

- Cheesy Scrambled Eggs
- Raspberry Coffeecake
- Cheerios

**Lunch**

- Meatball Sub
- Carrots
- Chocolate Cake with PB frosting

**Dinner**

- Chicken Patty on a Bun
- Broccoli Salad
- Vanilla Pudding w/TPG

**Sunday  
Breakfast**

- Strudel Link
- Oatmeal
- Scrambled Eggs

**Lunch**

- Roast Turkey w/ Gravy
- Mashed Potatoes w/Gravy
- Roasted Butternut Squash
- Cranberry Sauce
- Strawberry Rhubarb Pie w/ Topping

**Dinner**

- Corn Chowder
- Seafood Salad Sandwich
- Lettuce and Tomato
- Peanut Butter Cookie

Good nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well-balanced diet. The daily menu may vary slightly due to the special diet ordered to meet your needs. Please, feel free to ask any questions regarding your menu, diet, or service.