

All meals are served with Coffee, and Assortment of Teas, Whole Milk, 2% Milk or Skim, and a variety of juices such as Orange, Apple, Cranberry, and Grape.

Reviewed by VB, RD

4-17-23

**Spring/Summer
Menu Week 4
Week of April 22nd**

**Monday
Breakfast**

- French Toast w/Maple Syrup
- Sausage

Lunch

- Tuna Salad Plate (scoops of Tuna Salad, Potato Salad and Broccoli Salad)
- Dinner Roll w/Butter
- Chocolate Cake w/Frosting

Dinner

- Stuffed Shells w/ Marinara
- Diced Beets
- Garlic Knot
- Oatmeal Raisin Cookie

**Tuesday
Breakfast**

- Cheesy Scrambled Eggs
- Maple Oatmeal
- English Muffin

Lunch

- Maple Balsamic Glazed Chicken
- Rice Pilaf
- Roasted Butternut Squash
- Raspberry Cheesecake

Dinner

- Hearty Chicken Noodle
- Ham Salad Sandwich
- Lettuce and Tomato
- Mandarin Oranges

**Wednesday
Breakfast**

- Fried Eggs
- Cinnamon Raisin Toast
- Cheerios

Lunch

- Hot Roast Beef Sandwich w/Gravy
- Mashed Potato w/Gravy
- Green Beans
- Cherry Crisp w/tpg

Dinner

- Chicken Fingers w/Sauce
- Fries
- Maple Glazed Carrots
- Ice Cream

**Thursday
Breakfast**

- Pancakes w/Maple Syrup
- Bacon

Lunch

- Chicken Cordon Bleu over Egg Noodles
- Roasted Asparagus
- Strawberry Bavarian Cream

Dinner

- BBQ Ribette
- Mashed Potato w/Butter
- Broccoli
- M&M Cookie

**Friday
Breakfast**

- Bacon & Cheese Scramble
- Oatmeal
- Apple Cinnamon Coffeecake

Lunch

- Chicken Caesar Salad
- Hearty Beef Vegetable Soup
- Dinner Roll w/Butter
- Yellow Cake w/Frosting

Dinner

- Mac & Cheese
- Cornbread
- Stewed Tomatoes
- Chocolate Pudding w/tpg

**Saturday
Breakfast**

- Spinach and Cheese Omelet
- Cream of Wheat
- Sourdough Toast

Lunch

- Breaded Haddock w/Tartar Sauce
- Roasted Red Potatoes
- Cauliflower
- Peanut Butter Brownie

Dinner

- Cream of Broccoli Soup
- Sliced Turkey Sandwich w/Mayo
- Lettuce and Tomato
- Pears

**Sunday
Breakfast**

- Scrambled Eggs
- Rice Krispies
- Cinnamon Roll

Lunch

- Honey Mustard Ham w/Gravy
- Sweet Potatoes
- Creamed Spinach
- Chocolate Cream Pie

Dinner

- Chicken Salad Sandwich
- Lettuce and Tomatoes
- Pickled Beets
- Watermelon

Good nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well-balanced diet. The daily menu may vary slightly due to the special diet ordered to meet your needs. Please, feel free to ask any questions regarding your menu, diet, or service.