



Understanding Birth & Understanding Breastfeeding

To sign up for Understanding Birth and/or
Understanding Breastfeeding
please circle date(s) selected & mail or email form to:

Porter Birthing Center

115 Porter Drive, Middlebury, Vermont 05753

CBE@portermedical.org

Understanding Birth

One Saturday per month

9:00am-3:00pm

In person unless otherwise noted

June 10th

July 8th

August 5th-Via Zoom

September 9th

October 14th

November 4th

December 9th

Understanding Breastfeeding

Via Zoom

Wednesday Evening Classes

6:00pm-8:00pm

June 14th

July 12th

August 16th

September 13th

October 11th

November 8th

December 13th

Name:

Email:

Phone Number:

Address:



UVMHealth.org/PMC

THE
University of Vermont
HEALTH NETWORK

Porter Medical Center