

Preparing for Birth and Your Baby

Expectant Parent and Breastfeeding Classes 2023



Expectant Parent / Childbirth Education

9:00 AM to 3:00 PM

Online via Zoom!

- Saturday, January 14th
- Saturday, February 11th
- Saturday, March 11th
- Saturday, April 8th
- Saturday, May 6th
- Saturday, June 10th

Circle your
Choice of
Classes

Breastfeeding Education

6:00 PM to 8:00 PM

Online via Zoom!

- Friday, January 20th
- Friday, February 17th
- Friday, March 24th
- Friday, April 14th
- Wednesday, May 10th
- Wednesday, June 14th

Name:	
Email:	
Phone Number:	
Address:	

To sign up; please mail or email form to:

Porter Birthing Center

115 Porter Drive, Middlebury, Vermont 05753

CBE@portermedical.org (email any additional questions)

THE
University of Vermont
HEALTH NETWORK

Porter Medical Center

802-388-4720