Rutland County Menu of Services

Parent Resources

Child Care Support Services at VAC: Helps with finding and costs of registered or licenses childcare for income eligible parents, who work, are looking for work, or attending school/training. **747-0033**

Children with Special Health Needs (CSHN): Provides specialty medical care for children with certain conditions. Services included home visits, specialty clinics, medical and developmental diagnosis and treatment, care coordination and referrals. They can also help with Medicaid/insurance billing. **1-800-660-4427**

Parent Child Center: Offers home visits and/or on-site programs. Their well-trained, caring staff works to get families what they need. Services available include: **775-9711**

Parenting support& sibling adjustment	Playgroups
Developmental Screening and Interventions	Alternative Education
Children with Special Health Needs	Emergency Financial Assistance
Emotional & Behavioral Support	Housing for Previously Unsuccessful Renters

Behavioral, Mental Health and Recovery Resources

Rutland Mental Health: Community based family support, counseling, and education services for individuals and families challenged by emotional or behavioral problems, developmental disabilities, or addictions.

Appointments or info: 775-2381 24/7 Crisis Line Call: 775-1000

Turning Point of Rutland County: Peer to peer recovery support 802 773-6010

Transportation

Bus (Marble Valley Regional Transit): Transportation to medical, counseling, dental & WIC appointments for people with Medicaid. Available M-F & some weekends. At least 24 hours notice is needed to arrange for private drivers. Mileage reimbursement for long term health care. Affordable public transportation available for everyone.

802 773-8682 www.thebus.com

Child Care Seat Safety:

Free and convenient car seat inspections by a certified technician who can help find the proper seat for your child and teach you about correcty installation and use of car seats.

Rutland Police Department: call 802 773-1847 for Nora Moore or 802 773-1816 for Ryan Brady and leave a message. Your call will be returned by the technician when on duty. Contact can also be made through email: <u>nora.moore@vermont.gov</u> or <u>ryan.brady@vermont.gov</u>

Free inspections are also available at the Regional Ambulance Service building located @ 275 Stratton Road. Call 802 773-1746 to make an appointment.

Housing

Rutland Housing Authority: 802 775-2926 Assisting with subsidized and fair market housing

Economic Services: 802 479-6151 Emergency housing, fuel/utility assistance

Housing Trust of Rutland County: 802 775-3139 Assistance with finding affordable housing in Rutland County

Safety

Rutland County Women's Network and Shelter: Domestic/sexual violence victim advocacy organization providing: 24hr hotline, crisis intervention, legal, medical & community advocacy, supervised visitation, support groups, outreach & education. Info: 802 775-6788 Hotline: 802 775-3232 Web: <u>www.rcwn.org</u>

Food Resources

3 SquaresVT: Income based assistance toward food and automatic enrollment in most school free lunch programs. General assistance, fuel assistance, and Reach-Up Financial Assistance also available through Economic Services.

Call 1 800 479-6151 or sign up online <u>www.mybenefits.vt.gov</u>

WIC program: Supplemental nutrition food program for Women, Infants & Children, offered through the Department of Health, provides breastfeeding support and a WIC Card to shop at the supermarket for healthy foods. Having Medicaid/Dr.Dynasaur automatically qualifies you.

1 888 253-8802 or 802 786-5811 www.healthvermont.gov

Food Shelves:

West Rutland Food Shelf: 802 282 5374 Salvation Army: 802 775 5150 Rutland United Methodist Church: 802 773 2460 Rutland Community Cupboard: 802 747-6119 Poultney Food Shelf: 802 287-9558 Pittsford Food Shelf: 802 483-3002 Pawlet Community Food Pantry: 802 325-3592 Manchester Community Food Cupboard: 802 362-0057 Castleton Cares: 802 468-2444 Brandon Food Shelf: 802 247-6720 Fair Haven Concerned: 802 265-3666 Danby Food Shelf: 802 293-5136

Community Meals:

Open Door Mission Rutland: 802 775-5661

Grace Congregational Church Rutland: 802 775-4301

Calvary Baptist Church: 802 775-0358

Free daily summer meals for all children 18 and under available in many communities. Contact your local school disctrict for info.

Dial 2-1-1 for help finding additional resources in Vermont or to speak with a child developmental specialist