Expectant Parent Classes 2024

Sign up options:
- Scan the QR code
- Go to: https://forms.office.com/r/UFkBfVk8HL
- Mail or email this form

**Understanding Birth**
One Saturday per month
9:00am-3:00pm
January 6th
February 10th
March 9th
April 13th
May 11th
June 8th

**Understanding Breastfeeding**
One Wednesday per month
6:00pm-8:00pm
January 10th
February 17th *Sat. 9a-11a*
March 13th
April 10th
May 8th-Zoom
June 12th

**Comfort Measures**
Once per month
Alternating days/times
January 27th 9a-11a
February 26th 6p-8p
March 30th 9a-11a
April 29th 6p-8p
May 25th 9a-11a
June 24th 6p-8p

All classes are in person at Porter Hospital (unless noted as Zoom)
Questions? Email: CBE@portermedical.org

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If unable to use link to sign up you can circle the dates then mail or email form to:
Porter Birthing Center 115 Porter Drive
Middlebury, Vermont 05753