

# The Day of Your Surgery

## INTRODUCTION

Thank you for choosing Porter Medical Center for your Surgical Care! Our mission is to improve the health of our community, one person at a time. Our skilled and compassionate surgical care team aims to provide you with the highest quality, patient-centered experience.

## WHEN TO ARRIVE

One business day before your procedure, you will be contacted by staff from Surgical Services to review the details of your care plan. During this phone call, you will be provided with an exact arrival time for your surgery, as well as any final preparation instructions.

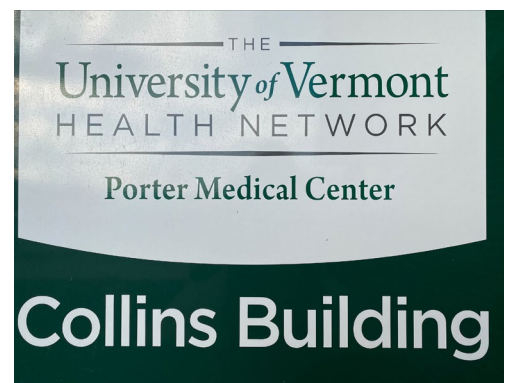
## WHERE TO PARK

As you turn onto the Porter Medical Center campus, take your first left to the Visitor Parking lot. You are welcome to park at any open space in this lot. Near the main entrance, you will also find designated handicap parking, if you or your driver have challenges with mobility.

## CAMPUS MAP



## SURGICAL SERVICES ENTRANCE



THE  
**University of Vermont**  
 HEALTH NETWORK

**Porter Medical Center**

## HOW TO REGISTER AND CHECK IN

After you have parked, you may go directly to the Surgical Services entrance. **If you need assistance with mobility, please call Surgical Services at 1 (802) 388-4724. A staff member will meet you at your vehicle with a wheelchair.**

Proceed through both sets of doors and stop at the Registration office, which is immediately on your left. At the Registration Office, staff will review and verify your personal and insurance information. Next, you will be directed by staff to Surgical Services.

Turn right at the Cafeteria. Proceed to the top of the ramp, where you will find the door to the waiting area. Check-in at the front desk in the Surgical Services waiting area. When your room and care team are ready, they will greet you in the waiting area and bring you to the pre-operative room.

## ADMISSION PROCESS

To begin, you will be asked to change into a hospital gown and place any belongings into a bag.

A perioperative nurse will review your current health status, measure vital signs, examine and prepare the surgical site, and insert an intravenous catheter (IV), if necessary. Any medications or fluids ordered by your surgeon and/or anesthesiologist will be administered.

The surgeon, and their team, will see you pre-operatively to evaluate the surgical site, review medical records and consents, and answer any final questions.

A member of the Anesthesia team will evaluate your airway, review medical records and consent, and finalize your anesthesia plan of care.

After all of these steps have been completed, and your entire surgical team is ready, you will be escorted to the operating room for your procedure.

Support people will be asked to go to the waiting area during your procedure. If they decide to leave the hospital, they are encouraged to remain close to the hospital. They will be notified once the procedure has been completed.

## AFTER YOUR SURGERY

You will be transported to the recovery area. This area is often the same room where you were admitted. Here, your care team will continue to monitor you as you recover from anesthesia.

The time it takes for an individual to recover varies. Your care team will keep support people up to date with your progress, as well as notify them of an approximate time that you will be either ready for discharge or transferred to the medical-surgical unit of the hospital (depending on the procedure).

## SUPPORT PEOPLE

Porter Medical Center believes in patient and family-centered care and strives to promote patient and family participation in all aspects of their care.

In most cases, adult patients are permitted unrestricted visitation, with consideration given to the environment and ability to provide safe, high-quality care.

### SURGICAL SERVICES

Anesthesia  
Ear, Nose and Throat  
Endoscopy  
General Surgery  
Obstetrics and  
Gynecology  
Ophthalmology  
Orthopedics  
Plastic Surgery  
Podiatry  
Urology

### REGULAR HOURS

Monday – Friday  
6:30 am – 5:00 pm

### PHONE

1(802) 388-4724

### FAX

1(802) 388-8880



[UVMHealth.org/PMC](https://UVMHealth.org/PMC)