What to Expect: The Day of Your Surgery

INTRODUCTION
Thank you for choosing Porter Medical Center for your Surgical Care, where our mission is to improve the health of our community, one person at a time. Your skilled and compassionate surgical team aims to deliver to you the highest quality, patient-centered experience.

WHEN TO ARRIVE
One business day before your procedure, you will be contacted by a representative from Surgical Services to review the details of your surgery. During this phone call, you will be given an exact arrival time for your surgery, as well as any final preparation instructions.

WHERE TO PARK
As you turn onto the Porter Medical Center campus, take your first left to the Visitor Parking lot. You are welcome to park at any open space in this lot. Near the main entrance, you will also find designated handicap parking, if you or your driver have challenges with mobility.

CAMPUS MAP
HOW TO CHECK IN

After you have parked, notify the Surgical Services Department by calling 1(802)388-4724.

Due to the ongoing COVID pandemic, we require that all patients and support person(s) be screened for illness prior to entering the hospital. Our staff will ask you respiratory screening questions by phone, and you will be provided further instructions.

If you and your support person(s) screen negative, your pre-operative nurse will meet you at the Collins Building Entrance and escort you to Surgical Services.

ADMISSION PROCESS

Once you are in your pre-operative room, you will be asked to change into a hospital gown. Your perioperative nurse will update your health status, check vital signs, and insert an intravenous catheter (IV), if necessary. They will then administer any medications or IV fluids as ordered by your surgeon, as well as examine and prepare the surgical site.

Your surgeon and their team will visit with you to evaluate the surgical site, review documents and consents, and answer any final questions.

A member of the Anesthesia team will then review your updated health history, examine your airway, review consent, and finalize your anesthesia plan of care.

After all of these steps have been completed, and your entire surgical team is ready, you will be escorted to the operating room for your procedure.

Your support person(s) will be asked to leave, and will be notified once the procedure has been completed. It is encouraged that they remain close to the hospital. Unfortunately, due to the COVID pandemic, we are unable to allow patients or support person(s) to use our waiting room.

AFTER YOUR SURGERY

You will be transported to the recovery area, and your support person(s) will be notified. This area is often the same room where you were admitted. Here, your care team will continue to monitor you as you recover from anesthesia.

The time it takes for an individual to recover varies. Your care team will keep your support person(s) up to date with your progress, as well as notify them of an approximate time that you will be either ready for discharge or transferred to the medical-surgical unit of the hospital (depending on the procedure).

SUPPORT PERSON(S) POLICY

Typically two support persons are permitted to attend an individual who is arriving for any procedure requiring sedation. When appropriate, the support person(s) may be present at the bedside in the pre-operative and recovery settings.

*Due to the ongoing COVID-19 Pandemic, our Support Person(s) Policy is subject to change. We encourage you and your support persons(s) to confirm current practice prior to your arrival.*

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SURGICAL SERVICES

- Anesthesia
- Ear, Nose and Throat
- Endoscopy
- General Surgery
- Obstetrics and Gynecology
- Ophthalmology
- Orthopedics
- Plastic Surgery
- Podiatry
- Urology

REGULAR HOURS

Monday – Friday
7:00 am – 5:00 pm

PHONE
1(802) 388-4724

FAX
1(802) 388-8880