# Preparing for Birth and Your Baby

### Expectant Parent and Breastfeeding Classes 2022

#### Expectant Parent / Childbirth Education
- **Saturday and Sunday**
- **9:00 AM to 1:00 PM**
- **Online via Zoom!**

- January 8 & 9, 2022
- February 12 & 13, 2022
- March 12 & 13, 2022
- April 9 & 10, 2022
- May 14 & 15, 2022
- June 11 & 12, 2022

#### Breastfeeding Education
- **Wednesday**
- **6:00 PM to 8:00 PM**
- **Online via Zoom!**

- January 19, 2022
- February 23, 2022
- March 23, 2022
- April 20, 2022
- May 25, 2022
- June 22, 2022

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To sign up; please mail or email form to:

Porter Birthing Center
115 Porter Drive, Middlebury, Vermont 05753

[CBE@portermedical.org](mailto:CBE@portermedical.org) (email any additional questions)
## Preparing for Birth and Your Baby

**Expectant Parent and Breastfeeding Classes 2022**

### Expectant Parent / Childbirth Education
Saturday and Sunday  
9:00 AM to 1:00 PM  
Online via Zoom!

- July 9 & 10, 2022
- Aug 13 & 14, 2022
- Sept 10 & 11, 2022
  - Oct 8 & 9, 2022
- Nov 12 & 13, 2022
- Dec 10 & 11, 2022

### Breastfeeding Education
Wednesday  
6:00 PM to 8:00 PM  
Online via Zoom!

- July 20, 2022
- Aug 17, 2022
- Sept 21, 2022
  - Oct 19, 2022
- Nov 16, 2022
- Dec 21, 2022

**Circle your Choice of Classes**

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