

All meals are served with Coffee, and Assortment of Teas, Whole Milk, 2% Milk or Skim, and a variety of juices such as Orange, Apple, Cranberry, and Grape.

Reviewed by :
ARB, RD

Spring Menu Week 2

Week of July 12th

Monday Breakfast

- Cheesy Scramble
- Scone
- Cream of Wheat

Lunch

- Meatloaf w/ Gravy
- Red Roasted Potato w/ Gravy
- Peas
- Chocolate Glazed Brownie

Dinner

- Veggie Quiche
- Homemade Dinner Roll
- Broccoli
- Fresh Fruit Cup

Tuesday Breakfast

- French Toast w/ VT Maple Syrup
- Bacon

Lunch

- Breaded Haddock w/ Tartar Sce
- Baked Potato and Sour Cream
- Honey Glazed Carrots
- Angel Cake w/ Strawberries & TPG

Dinner

- Mushroom Barley Soup
- Ham Salad Sandwich
- Peaches

Wednesday Breakfast

- Fried Eggs
- Cinn. Raisin Toast
- Oatmeal

Lunch

- Meat Lasagna
- Garlic Bread
- Tossed Salad
- PB Cookie

Dinner

- Turkey Pot Pie
- Roasted Winter Squash
- Fruited Jello & Tpg

Thursday Breakfast

- Cheese Omelet
- English Muffin

Lunch

- BBQ Pork on a Bun
- Coleslaw
- Banana Cream Pie

Dinner

- Mac & Cheese
- Cornbread
- Stewed Tomatoes
- Applesauce & Tpg

Friday Breakfast

- Scrambled Eggs
- Strawberry Muffin
- Asst Cold Cereal

Lunch

- Hot Turkey Sandwich w/ Gravy
- Cran Sauce
- Mashed Potato w/ Gravy
- Broccoli
- Mandarin Orange Cake w/ Frosting

Dinner

- Potato Leek Soup
- Tuna Salad Sandwich
- Watermelon

Saturday Breakfast

- Banana Pancakes w/ VT Maple Syrup
- Sausage

Lunch

- Chipped Beef on Toast Points
- Diced Beets
- Coffee Ice Cream

Dinner

- Chicken Fingers w/ Assorted Dipping Sauces
- Tater Tots
- Green Beans
- Mandarin Oranges

Sunday Breakfast

- Danish
- Raisin Bran
- Scrambled Eggs

Lunch

- Roast Pork w/ gravy
- Baked Sweet Potatoes
- Cauliflower & Cheese
- Peach Pie w/ TPG

Dinner

- Goulash
- French Bread
- Roasted Yellow Squash
- Pears

Good nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well-balanced diet. The daily menu may vary slightly due to the special diet ordered to meet your needs. Please, feel free to ask any questions regarding your menu, diet, or service.