All meals are served with Coffee, and Assortment of Teas, Whole Milk, 2% Milk or Skim, and a variety of juices such as Orange, Apple, Cranberry, and Grape.

Reviewed by:
A. Batschelet, RD

Summer Menu Wk 2

Week of Oct 12th

Monday
Breakfast
- Bacon, Onion & Cheese Omelet
- Fried Potatoes
- Rye Toast

Lunch
- Chicken & Biscuit
- Cauliflower & Red Peppers
- Orange Bavarian Cream

Dinner
- Seafood Pasta Salad
- Broccoli Salad
- Dinner Roll w/ Butter
- Fresh Fruit Cup

Tuesday
Breakfast
- Cinnamon Raisin French Toast w/ VT Maple Syrup
- Bacon

Lunch
- Campbell's Tomato Soup
- Grilled Cheese Sandwich
- Ice Cream Cup

Dinner
- Chicken Cordon Bleu Casserole
- Italian Bread w/ Butter
- Spinach
- Applesauce w/ TPG

Wednesday
Breakfast
- Fried Eggs & Sourdough Toast

Lunch
- Beef Lasagna
- Tossed Salad w/ Dressing
- Dinner Roll w/ Butter
- Carrot Cake w/ cream cheese frosting

Dinner
- Minestrone soup
- Egg Salad Sandwich
- Mandarin Oranges

Thursday
Breakfast
- Banana Pancakes w/ VT Maple Syrup
- Sausage

Lunch
- Hot Pork Sandwich w/ Gravy
- Mashed Potato w/ Gravy
- Roasted Zucchini
- Blueberry Cobbler w/tpg

Dinner
- Shepard's Pie
- Carrot Souffle
- French Bread w/butter
- Grapes

Friday
Breakfast
- Cheesy Scramble
- Berry Muffin
- Oatmeal

Lunch
- Grilled Chicken on a Bun
- Creamy Tomato Cucumber Salad
- Lemon Bar

Dinner
- Vegetable Macaroni & Cheese
- Dinner Roll
- Stewed Tomatoes
- Blushing Pears w/TPG

Saturday
Breakfast
- Spinach & Bacon Quiche
- English Muffin

Lunch
- Spaghetti & Meatballs
- Roasted Summer Squash
- Garlic Bread
- Chocolate Pudding w/TPG

Dinner
- Cream of Broccoli Soup
- Chicken Salad Sandwich
- Lettuce&tomato
- Blueberry Smoothie

Sunday
Breakfast
- Danish
- Cold Cereal
- Scrambled Eggs

Lunch
- Roast Turkey w/ Gravy
- Mashed Potatoes w/ Gravy
- Winter Squash
- Cranberry Sauce
- Maple Cream Pie w/ Tpg

Dinner
- Goulash
- Italian Bread w/ Butter
- Green Beans
- Peaches

Good nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well-balanced diet. The daily menu may vary slightly due to the special diet ordered to meet your needs. Please, feel free to ask any questions regarding your menu, diet, or service.