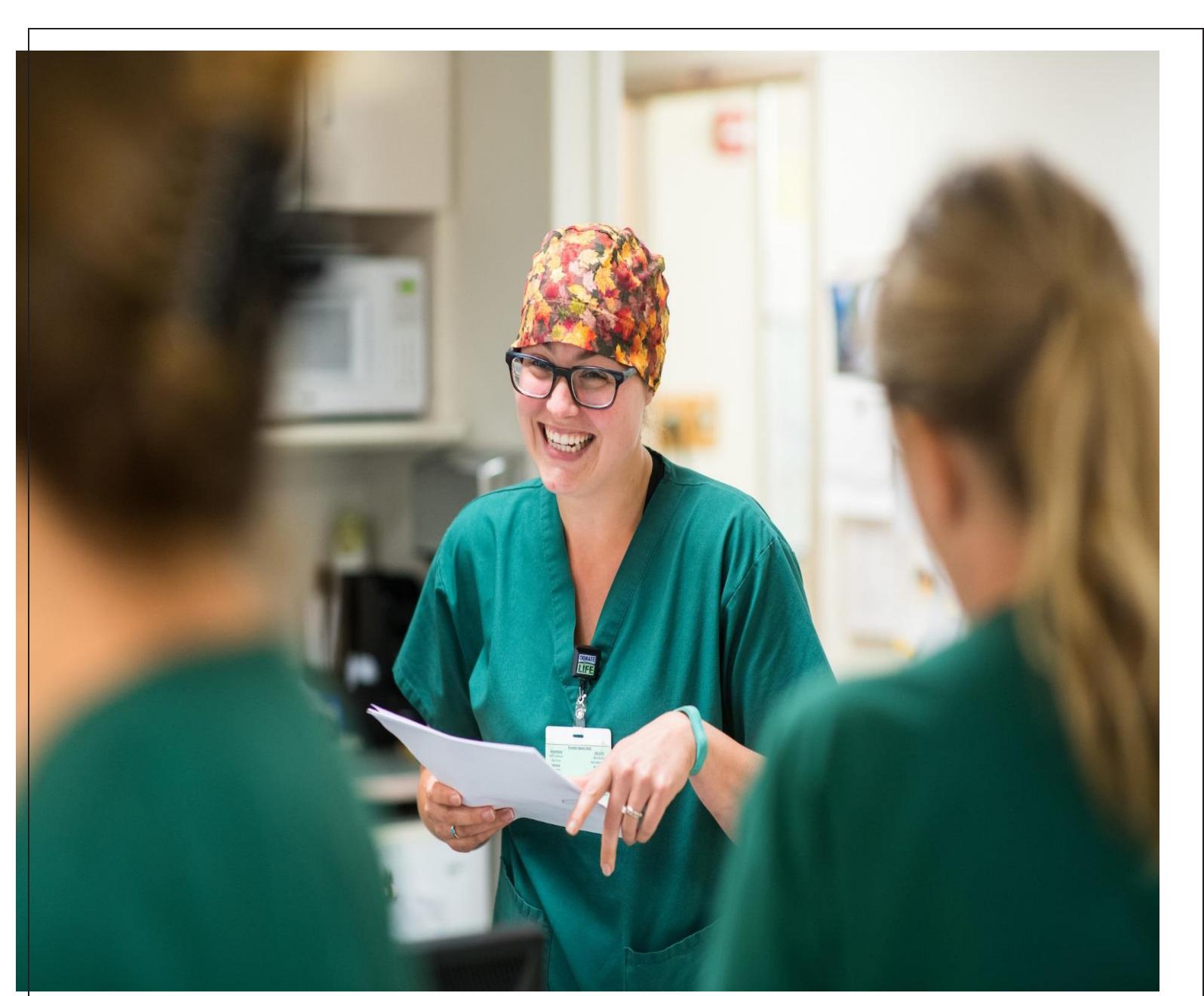


**Community Health Needs Assessment  
Implementation Strategy  
Fiscal Year 2019-2020**



The University of Vermont Health Network Porter Medical Center is committed to being a community leader for the delivery of high-quality community health care for a rural region whose mission is to improve the health of the our community, one person at a time.

Although the UVM Health Network Porter Medical Center provides healthcare services, we have collaborated with other area health and human service organizations to create the 2018 Community Health Needs Assessment and Implementation Strategy for Addison County and Brandon Vermont.



# CHNA

## Summary

A community steering group including representatives from 17 community organizations planned and conducted the University of Vermont Health Network Porter Medical Center's 2018 Community Health Needs Assessment over a two-year period.

The committee collected and assessed data for the health service area of Addison County Vermont. The CHNA Community Steering Group considered input from people representing the broad interests of the community, including those with special knowledge of or expertise in public health, and residents of the communities within the health service area.

The assessment included a community-wide survey completed by 594 residents, one-on-one interviews with 17 community leaders, and a focus group with low-income individuals.

Four key community needs were identified in the 2018 assessment:

- **Affordable Housing**
- **Chronic Conditions**
- **Substance Abuse**
- **Transportation**



# Executive Summary

The Patient Protection and Affordable Care Act requires non-profit hospitals to conduct a Community Health Needs Assessment (CHNA) every three years and to adopt an Implementation Strategy to meet the significant needs identified in the assessment. The University of Vermont Health Network Porter Medical Center reports compliance with these requirements annually on Schedule H (Form 990), which provides information on the organization's activities and policies of community benefit. The 2018 CHNA Community Steering Group identified four of the highest needs which were chosen to be included in the Implementation Strategy.



## Implementation Strategy Process

For the second year in a row, Addison County was ranked first in health outcomes among Vermont's 14 counties by the Robert Wood Johnson Foundation County Health Rankings.

While we have some good health outcomes there is still have room for improvement.

Addison County is located in the lower Champlain Valley of Vermont with Lake Champlain and the Adirondacks to our west and the Green Mountains to our east. The unique landscape of Addison County, the fertile farmlands of the Champlain Valley and the predominately wooded settings near the foothills of the Green Mountains, provides a variety of lifestyles and a balanced blend of light industry and farming. Addison County is rural and known for its dairy farming. It has the most farm acreage in the state and leads the state in the value of agriculture products sold (US Census Bureau, 2012). The County is home to three local newspapers, seven service organizations and more than 100 faith communities. The major employers in the county include Middlebury College, Porter Medical Center and UTC Aerospace Systems.

Addison County is bordered to the north by Chittenden County, Vermont's most densely populated county, which includes Vermont's largest city, Burlington, and its surrounding suburbs.

The northern portion of Addison County is considered a commutable distance to Burlington so residents have the option of traveling north for employment, healthcare, shopping and other services. Addison County is bordered to the south by Rutland County. Rutland County is home to Vermont's second largest city, Rutland. Residents who live in the southern portion of Addison County have the option of traveling to Rutland County for work, healthcare, etc. Addison County is bordered to the east by Windsor, Orange and Washington Counties. For the eastern Addison County communities of Hancock and Granville, accessing services within our county is challenging particularly in winter as this typically requires traveling over mountains.

According to the US Census Bureau, the 2017 population estimate for Addison County is 36,776 which is approximately 5% of the state's total population. According to population estimates, Addison County had 0.1% decrease in population since the 2010 census. 92.7% of Addison County residents are white non-Hispanic. Hispanic or Latino residents are Addison County's more prevalent minority population at 2.2%. The percentage of Addison County residents who were uninsured was last measured in 2014 at 7.7%. However, the percentage of people living without health insurance is decreasing in Addison County and across the state. One estimate shows that the percentage of Addison County residents who are uninsured will drop to 3.28% by 2019. Vermont has one of the lowest rates in the country of people living without health insurance. According to a 2017 article, the statewide rate of uninsured has already dropped to 3.7%.\\

With this as our background, a multi-disciplinary/multi-agency group of Addison County Health and Human Service organizations met for more than a year to identify the health needs of our community (the 2018 CHNA Report) and this Implementation Strategy which will guide us over the three years of this report to ensure that we collaborate and coordinate our efforts to address the most pressing needs identified.

This report will be published on the UVM Health Network website and updated annually with additional information and accomplishments.

Following are the specific implementation strategies for the four key community needs identified in our Community Health Needs Assessment Report.

# Affordable Housing

## Tactics

- Creating more middle-income workforce housing;
- Creating more lower income workforce housing;
- Identifying permanent supportive housing;
- Identifying or creating dispersed elderly single room occupancy units;

## POPULATION:

Residents and Community members of Addison County and Brandon, Vermont

## PARTNERS:

Addison County Regional Planning Commission  
United Way of Addison County  
Vermont Department of Health Middlebury District Office  
Vermont HomeShare

# Transportation

## Tactics

- Develop strategies to increase the number of riders who receive rides through Medicaid
- Work closely with Addison County Transit Resources (ACTR) to expand services to all citizens

## POPULATION:

Residents and Community members of Addison County and Brandon, Vermont

## PARTNERS:

Vermont Department of Health Middlebury District Office

Addison County Regional Planning Commission

United Way of Addison County

Addison County Transit Resources

# Chronic Conditions

## Tactics

- Implement the “3-4-50” campaign with leadership from the Vermont Department of Health/Middlebury
- Winter Passport Program
- Vegetable Prescription Program
- CSA Vegetable Share Program with Middlebury High School
- Promote the Rural Fun Delivery program
- Rise Vermont Program

**Population** Residents and Community members of Addison County and Brandon, Vermont

## Partners

**Vermont Blueprint for Health Middlebury**

**Agency of Human Services**

**Counseling Service of Addison County**

**Department of Children and Families Middlebury District, Family Services**

**Vermont Department of Health Middlebury District Office**

**University of Vermont Health Network Porter Medical Center**

**One Care Vermont**

**Elderly Services**

**Mountain Health Center**

**Addison County Home Health and Hospice**

**United Way of Addison County**

# Substance Abuse

## Tactics

- Led by the Blueprint for Health Team, improve care coordination and communication among healthcare and human service providers;
- Complex Care Team to meet monthly to discuss the needs of and resources for patients with complex medical needs;
- Medication Assisted Treatment (MAT) providers to work with Porter's Women's Health Center, local pediatricians and human service organizations to provide substance use treatment to pregnant women in Addison County

## POPULATION:

Residents and Community members of Addison County and Brandon, Vermont

## PARTNERS:

Vermont Blueprint for Health Middlebury

Addison County Building Bright Futures

Agency of Human Services

Counseling Service of Addison County

Department of Children and Families Middlebury District, Family Services

Department of Children and Families Middlebury District, Economic Services

Parent Child Center of Addison County

Vermont Department of Health Middlebury District Office

University of Vermont Health Network Porter Medical Center

One Care Vermont

Mountain Health Center

Addison County Home Health and Hospice

United Way of Addison County

## Conclusion

This FY19-FY21 Implementation Strategy is a three-year document, which will be tracked and monitored by an internal workgroup at the University of Vermont Health Network Porter Medical Center. Annual updates will be posted on the UVM Health Network Porter Medical Center's website and reported to the IRS on Tax Form 990.

For more information, please contact the Community Health Improvement Office at 802-388-4701.



