Preparing for Birth and Your Baby
Expectant Parent and Breastfeeding Classes 2020

THE
University of Vermont
HEALTH NETWORK

Porter Medical Center

Condensed Weekend Classes
Saturday and Sunday
9:00 AM to 1:00 PM
Legacy Conference Room

January 25 & 26, 2020

February 22 & 23, 2020

March 14 & 15, 2020

April 18 & 19, 2020

May 16 & 17, 2020

June 13 & 14, 2020

July 18 & 19, 2020

August 15 & 16, 2020

September 19 & 20, 2020

October 3 & 4, 2020

November 7 & 8, 2020

December 5 & 6, 2020

Breastfeeding Classes
Monday Evenings
6:00 PM to 8:00 PM
Legacy Conference Room

January 20, 2020

February 17, 2020

March 16, 2020

April 20, 2020

May 18, 2020

June 22, 2020

August 17, 2020

September 21, 2020

October 19, 2020

November 16, 2020

December 14, 2020

Partners and/or support persons are encouraged to attend and always welcome at the Childbirth Education classes. The Birthing Center reserves the right to cancel a course if there are fewer than three mothers/couples registered. To register, complete the information on the reverse and mail to the address on the form. If you have any questions, please call 802-388-4720 to speak with a Birthing Center representative.

Preparing for Birth and Your Baby
Expectant Parent and Breastfeeding 2020

Mother's Name: _____ Age: _____

Father's/Partner's/Companion's Name: _____ Age: _____

Mailing Address: _____

Street or Box # Town State Zip

Baby's Due Date: _____ Phone: Home: _____

Doctor or Midwife: _____ Work: _____

Hospital/Birth Place: _____ Cell: _____

Email Address: _____

Date of Classes you want: _____

Number of Pregnancies: _____ Number of children & Their Ages: _____

Previous Births at Porter: _____ Mother's health during this pregnancy: _____

Any health problems in previous pregnancies? _____

What do you hope to learn in your classes? _____

Do you plan to breastfeed or bottle feed? Please circle.

Is there anything you'd like your instructor to know about you? _____

_____

Please mail form to:

Porter Birthing Center

Porter Hospital, Inc.

115 Porter Drive, Middlebury, Vermont 05753

Please call the Birthing Center at 802-388-4720 prior to your scheduled course date to confirm location and enrollment.

UVMHealth.org/PMC