



Honoring Our Legacy

ENVISIONING OUR FUTURE

THE CAMPAIGN FOR PORTER MEDICAL CENTER AND ARCH

THE
University of Vermont
HEALTH NETWORK

Porter Medical Center





Dear Friends,

As I reach out to you seeking your much needed support for our important mission in our community, I also want to convey my sincere sense of excitement about the future of Porter Medical Center, as well as share with you a unique project now in the planning stages.

As you know, Porter joined the UVM Health Network last spring in order to strengthen our organization and sustain our mission of improving the health of our community through a strong local primary care network, community hospital and skilled nursing facility. We are building upon all of the great services we currently provide and leveraging the resources of the UVM Health Network to bring more specialty services to our region, improve care coordination and, most important, keep care local.

The future belongs to organizations that collaborate, integrate and innovate. The more partners we have who share our vision of building an exceptional system of healthcare for the people of our community, the stronger that system will become. We have begun that significant journey in concert with our region's academic medical center and local partners.

One local partner is ARCH - Addison Respite Care Home. For several years, Porter has worked with the ARCH organization to develop a program of palliative and supportive care services providing physical, psychological, social and spiritual care for dying persons, their families and other loved ones at both Helen Porter and Porter Hospital. Through this collaboration, special resident and patient rooms have been created to address the need for a peaceful home-like setting for patients or residents unable to spend their final days in their own home.

This brochure outlines an innovative project that represents exactly this type of partnership and responsive approach to serving our community. Porter and ARCH are working together to enable the creation of a major renovation project that will result in both a dedicated short-term rehabilitation unit and a pioneering Palliative Care/End-of-Life suite at our Helen Porter Rehabilitation and Nursing Center.

Please take a few minutes to review the enclosed plans and consider your participation in this inspirational project for two initiatives essential to our community. I thank you in advance for your consideration and your commitment to our work.

Sincerely,

Dr. Fred Kniffin
President and CEO

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If you found yourself at the end of your life and couldn't be at home, wouldn't it be critically important to be in a place where your unique needs were well tended, where your quality of life mattered, and where the love of friends, family, and caregivers was most important.

PATTY DUNN, FORMER DIRECTOR OF HOSPICE VOLUNTEER SERVICES

OUR VISION

To create one of the finest palliative care/end-of-life suites in our region, along with a short-term rehabilitation center that is state-of-the-art and ready to serve you with outstanding local services.

- 2 special ARCH rooms (Palliative Care / End of Life Rooms)
- 2 family room for ARCH residence & their families
- & easy access to our lovely courtyard

YOUR SUPPORT

Your support will not only help us to reach our \$300,000 goal, it will allow you to Honor Our Legacy by leaving yours. There are many gift options and several exclusive naming opportunities.

For more information visit portermedical.org/donate.html or call (802) 388-4744

Giving Opportunities

Friends	Up to \$99
Contributor	\$100-\$249
Patrons	\$250-\$999
Leaders	\$1000- \$2,499
Benefactors	\$2,500- \$4,999
Legacy Donors	\$5,000- \$10,000

Special Naming Opportunities

Rehabilitation Room	\$10,000
ARCH Family Center	\$25,000
Rehabilitation Gym	\$25,000
Courtyard	\$50,000





More About ARCH

Addison Respite Care Home - ARCH - is a committed group of community members who are dedicated to improving end of life care for our families, friends and neighbors in Addison County, Vermont. The original Founders of ARCH were hospice volunteers who were experiencing the sacred passage of dying in diverse situations throughout this rural area - in homes as well as in facilities (Porter Hospital, Helen Porter Rehabilitation & Nursing, independent care homes). It is widely recognized that many people choose to die at home, in a comfortable, familiar setting, with loved ones nearby. However this is very often not possible for various reasons. So ARCH's mission was developed - to provide end of life care accommodations for those individuals unable to complete their lives at home. In 2011, ARCH partnered with Helen Porter Rehabilitation & Nursing (HPRN) to create the first end of life suite on their Long Term Care Unit. The Middlebury Lions generously supported this unique endeavor with a \$25,000 donation. This room demonstrated a need in the community that prompted the creation--in memory of an ARCH Board member Milo Schaefer-- of a second ARCH room next to the first in 2012. The staff on the Memory Care Unit at HPRN then came to ARCH to see if a room could be designed to respect the special circumstances of their residents. ARCH dedicated this third room, created in 2013, to the thoughtful staff caring for those community members with unique needs. Porter Hospital, with a 25-bed Medical Surgical Unit, experiences many situations where the delivery of quality "person and family centered care" is enhanced by an environment that is private, less medically intrusive and comfortable so that the individual dying process can be honored by all involved. In 2014, an anonymous donor-- personally touched by the significance of a natural, gentle death within a hospital setting--supported ARCH in the design of "The Estuary", the fourth room to provide palliative and hospice care to our community.

ARCH continues with its mission by partnering with other organizations to provide education and options to those preparing for and experiencing end of life issues. The Board is very enthusiastic to partner again with PMC on the design of a new end of life suite at Helen Porter that will provide space essential to holding the dying process with professional and compassionate care.

Dear ARCH Friends -

The ARCH Board feels very privileged to be partnering with Porter once again on this exciting new project. In 2015 ARCH proposed a "Family Center" separate but adjacent to two of the ARCH rooms, to which many of you gave donations. Your generosity will now be realized in a new vision that will exist within the facility that better matches the philosophy of care.


We have, over the past 14 years, approached you with our mission to help our neighbors cope with death and dying. We are deeply grateful for all of your support in this endeavor - your words, deeds and resources have been invaluable in the creation of four end of life suites on the Porter campus. This is a unique accomplishment that places Addison County in a rare position to now further enhance the delivery of end of life care.

We are embarking on this campaign with Porter to build a new space at Helen Porter to better accommodate the needs and wishes of those community members and their families who are unable to be in their homes during this challenging time. We recognize the exceptional palliative and hospice care currently being delivered in the ARCH rooms, but now need the physical environment to better serve the patients and their loved ones. We hope that you will join us once again in envisioning a sanctuary that respects the dying process of each individual and honors the legacies they leave behind.

Daphne Diego - representing the ARCH Board members



Addison Respite Care Home (ARCH) is a non-profit which, since 2011, has established end-of-life care rooms within the Helen Porter complex and Porter Medical Center. Our mission is to provide home like end-of-life care for those individuals who are unable to complete their lives at home.



*“As a society we have no greater
responsibility than to be
sure those among us with life
limiting illness or those nearing
the end of life and their families
get the best possible care.”*

ALLAN RAMSAY, MD
FORMER MEMBER
GREEN MOUNTAIN CARE BOARD

Dedicating our 2017 / 2018 annual campaign to this project, is a bold step in charting a new course for Helen Porter, ARCH, and the communities we serve. Your partnership won't just bring us into that future: it will create it, providing one of the finest palliative care/end-of-life suites in our region, and a state-of-the-art, short-term rehabilitation center that is designed to support healing and return patients to the comfort of their own homes.

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