

All meals are served with Coffee, and Assortment of Teas, Whole Milk, 2% Milk or Skim, and a variety of juices such as Orange, Apple, Cranberry, and Grape.

**Spring Menu Week 3**

**Monday Breakfast**

- Veggie & Cheese Omelet
- English Muffin

**Lunch**

- Baked Cod w/ Lemon Dill Sauce
- Baked Potato w/ Sour Cream
- Carrots
- Sherbet

**Dinner**

- Chicken & Broccoli Stir Fry w/ Rice
- Homemade Dinner Roll
- Peaches

**Tuesday Breakfast**

- Scrambled Eggs
- Toast
- Cinnamon & Brown Sugar Oatmeal

**Lunch**

- Veggie Lasagna w/ Alfredo Sauce
- Stewed Tomatoes
- Homemade Texas Toast
- Fruited Jell-O w/TPG

**Dinner**

- Beef Chili w/ Cheese Topping
- Cornbread w/ Butter
- Grapes

**Wednesday Breakfast**

- Blueberry Pancakes w/ VT Maple Syrup
- Sausage

**Lunch**

- Turkey Burger on a Bun w/Sauce
- Cauliflower Au Gratin
- Applesauce Cake w/ Tpg

**Dinner**

- New England Clam Chowder
- Egg Salad Sandwich
- Fresh Berries & Whipped Topping

**Thursday Breakfast**

- Fried Eggs
- Toast X2

**Lunch**

- Cheeseburger Casserole
- Tater Tots
- Peas
- Lemon Meringue Pie

**Dinner**

- Tuna Salad Sandwich
- Cream of Spinach Soup
- Fruit Cocktail

**Friday Breakfast**

- Ham & Cheese Breakfast Quiche
- Raspberry Muffin

**Lunch**

- Chicken Parmesan
- Pasta w/ Sauce
- Tossed Salad
- Chocolate Chip Bar Cookie

**Dinner**

- Stuffed Cabbage Casserole
- Homemade Dinner Roll
- Summer Squash
- Mandarin Oranges

**Saturday Breakfast**

- Scrambled Eggs
- Toast X2
- Bacon

**Lunch**

- Fishwich on a bun
- Carrots
- Caramel Custard w/ TPG

**Dinner**

- Cheesy Potato Soup
- Fruit & Cottage Cheese Plate
- Zucchini Bread
- Pears

**Sunday Breakfast**

- Cinnamon Bun
- Honey Nut Cheerios
- Scrambled Eggs

**Lunch**

- Baked Ham & Pineapple w/ Gravy
- Mashed Sweet Potatoes
- Mixed Vegetables
- Chocolate Mousse w/TPG

**Dinner**

- Chicken Salad Sandwich
- Pickle
- Homemade Three Bean Salad
- Watermelon

Good nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well-balanced diet. The daily menu may vary slightly due to the special diet ordered to meet your needs. Please, feel free to ask any questions regarding your menu, diet, or service.