

All meals are served with Coffee, and Assortment of Teas, Whole Milk, 2% Milk or Skim, and a variety of juices such as Orange, Apple, Cranberry, and Grape.

Fall Menu Wk 2

Monday Breakfast

- Spinach & Cheese Omelet
- English Muffin

Lunch

- Swedish Meatballs over Egg Noodles
- Squash & Zucchini
- Pumpkin Custard w/TPG

Dinner

- Breaded Haddock w/ Tartar Sauce
- Rice Pilaf w/ Butter
- Coleslaw
- Watermelon

Tuesday Breakfast

- Maple Oatmeal
- Cheesy Scrambled Eggs
- Bran Muffin

Lunch

- Lasagna
- Homemade Garlic Bread
- Tossed Salad w/Dressing
- Blueberry Crumble Bar

Dinner

- Minestrone
- Ham Salad Sandwich
- Lettuce, Tomato, & Pickle
- Mandarin Oranges

Wednesday Breakfast

- French Toast w/VT Maple Syrup
- Sausage Patty

Lunch

- Breaded Chicken w/Gravy
- Baked Potatoes w/Sour Cream
- Mixed Veggies
- Apple Crisp w/TPG

Dinner

- Mac & Cheese
- French Bread w/Butter
- Stewed Tomatoes
- Grapes
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Happy Thanksgiving!

Thursday Breakfast

- Bacon & Cheese Omelet
- ToastX2

Lunch

- Roast Turkey w/ Gravy
- Cranberry Sauce
- Mashed Potato w/Gravy
- Roasted Butternut Squash
- Brussel Sprouts w/ Bacon & Onions
- Deviled Eggs
- Pickle Tray
- Cheese & Crackers
- Apple or Pumpkin Pie w/ TPG

Dinner

- Chicken Noodle Soup
- Tuna Salad Sandwich
- Fresh Fruit Cup

Friday Breakfast

- Apple Cinnamon Cream of Wheat
- Sausage Gravy on a Biscuit

Lunch

- Seafood Patty on a Bun
- Carrot Soufflé
- Snickerdoodle

Dinner

- Cheesy Potato Soup
- Egg Salad Sandwich
- Lettuce, Tomato, & Pickle
- Pears

Saturday Breakfast

- Scrambled Eggs
- Blueberry Coffeecake
- Oatmeal

Lunch

- Chicken Taco Casserole
- Baked Potato w/ Butter
- Scalloped Corn
- Peaches

Dinner

- Goulash
- Italian Bread
- Diced Beets
- Éclair

Sunday Breakfast

- Cinnamon Roll
- Chex Cereal
- Scrambled Eggs

Lunch

- Roast Pork w/ Gravy
- Mashed Potato w/ Gravy
- Apple Stuffing w/Gravy
- Roasted Butternut Squash
- Lemon Cake

Dinner

- Navy Bean Soup
- Turkey Salad Sandwich
- Lettuce, Tomato, & Pickle
- Fruit Cocktail

Good nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well-balanced diet. The daily menu may vary slightly due to the special diet ordered to meet your needs. Please, feel free to ask any questions regarding your menu, diet, or service.