

All meals are served with Coffee, and Assortment of Teas, Whole Milk, 2% Milk or Skim, and a variety of juices such as Orange, Apple, Cranberry, and Grape.

Summer Menu Wk 3

**Monday
Breakfast**

- French Toast Bake w/ VT Maple Syrup
- Bacon

Lunch

- Quiche Spinach Lorraine
- Tossed Salad w/Dressing
- Roasted Potatoes
- Cherry Crisp w/ TPG

Dinner

- Cheese Tortellini w/ Beef Tomato Sauce
- Texas Toast
- Roasted Summer Squash
- Grapes

**Tuesday
Breakfast**

- Ham & Cheese Omelet
- Danish
- Shredded Wheat

Lunch

- Sweet & Sour Pork Riblette
- Rice Pilaf
- Mixed Vegetables
- Rice Krispy Treat

Dinner

- Pesto Chicken Salad
- Zesty Pasta Salad
- Shoepeg Corn Salad
- Dinner Roll
- Mandarin Oranges

**Wednesday
Breakfast**

- Homemade Cinnamon Raisin Bread
- Scrambled Eggs
- Cream of Wheat

Lunch

- Grilled Cheese Sandwich
- Tomato Soup
- Fresh Fruit bowl

Dinner

- Fish Sticks w/ Tartar Sauce
- Mashed Potato w/ Gravy
- Broccoli
- Butterscotch Pudding w/TPG

**Thursday
Breakfast**

- Cream Cheese Scrambled Eggs
- Peach Muffin
- Cheerios

Lunch

- BBQ Chicken
- Baked Potato w/ Sour Cream
- Carrots
- Coconut Cream Pie w/ TPG

Dinner

- Macaroni & Cheese w/ Tomatoes, Chives & Bacon
- French Bread
- Brussel Sprouts/Peas
- Rosy Applesauce w/ TPG

**Friday
Breakfast**

- Apple Cinnamon Oatmeal
- Sausage
- Toast

Lunch

- Cheeseburger Casserole
- Tossed Salad w/ Dressing
- Lemon Square w/ Tpg

Dinner

- Clam Chowder
- Turkey Salad Sandwich
- Peaches

**Saturday
Breakfast**

- Cheese Omelet
- English Muffin

Lunch

- White Lasagna Florentine
- Italian Bread w/ Butter
- Green Beans
- Banana

Dinner

- Chicken Fingers w/ Dipping Sauce
- Sweet Potatoes
- Corn
- Orange Sherbet

**Sunday
Breakfast**

- Assorted Donuts
- Corn Flakes

Lunch

- Honey Glazed Baked Ham w/ Gravy
- Mashed Potatoes w/ Gravy
- Peas
- Chocolate Eclair

Dinner

- Tuna Salad Sandwich
- French Onion Soup
- Watermelon

Good nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well-balanced diet. The daily menu may vary slightly due to the special diet ordered to meet your needs. Please, feel free to ask any questions regarding your menu, diet, or service.