



# Preparing for Birth and Your Baby

## Expectant Parent and Breastfeeding Classes 2017-2018

**6 Week Evening Classes**  
**6:30 PM to 8:30 PM**  
**Legacy Conference Room**

Tuesday, June 20, 2017 –  
July 25, 2017

Wednesday, September 13, 2017 –  
October 18, 2017

Monday, October 30 –  
December 4, 2017

**Condensed Weekend Classes**  
**Saturday and Sunday**  
**9:00 AM to 1:00 PM**  
**Legacy Conference Room**

June 24 & 25 2017

August 5 & 6, 2017

September 9 & 10, 2017

October 21 & 22, 2017

November 18 & 19, 2017

December 2 & 3, 2017

January 13 & 14, 2018

**Breastfeeding Classes**  
**Monday Evenings**  
**6:00 PM to 8:00 PM**  
**Porter Cafeteria**

August 21, 2017

September 18, 2017

October 23, 2017

December 4, 2017

January 15, 2018

**Partners and/or support persons are encouraged to attend and always welcome at the Childbirth Education classes. The Birthing Center reserves the right to cancel a course if there are fewer than three mothers/couples registered. To register, complete the information on the reverse and mail to the address on the form. If you have any questions, please call 802-388-4720 to speak with a Birthing Center representative.**

THE  
**University of Vermont**  
HEALTH NETWORK

**Porter Medical Center**

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## Expectant Parent and Breastfeeding Classes 2017-2018

Mother's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Father's/Partner's/Companion's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Street or Box # Town State Zip

Baby's Due Date: \_\_\_\_\_ Phone: Home: \_\_\_\_\_

Doctor or Midwife: \_\_\_\_\_ Work: \_\_\_\_\_

Hospital/Birth Place: \_\_\_\_\_ Cell: \_\_\_\_\_

Email Address: \_\_\_\_\_

Date of Classes you want: \_\_\_\_\_

Number of Pregnancies: \_\_\_\_\_ Number of children & Their Ages: \_\_\_\_\_

Previous Births at Porter: \_\_\_\_\_ Mother's health during this pregnancy: \_\_\_\_\_

Any health problems in previous pregnancies? \_\_\_\_\_

What do you hope to learn in your classes? \_\_\_\_\_

Do you plan to breastfeed or bottle feed? Please circle.

Is there anything you'd like your instructor to know about you? \_\_\_\_\_

Please mail form to:

Porter Birthing Center

Porter Hospital, Inc.

115 Porter Drive, Middlebury, Vermont 05753

Please call the Birthing Center at 802-388-4720 prior to your scheduled course date to confirm location and enrollment.



UVMHealth.org/PMC