



Preparing for Birth and Your Baby Expectant Parent and Breastfeeding Classes 2019

THE
University of Vermont
HEALTH NETWORK

Porter Medical Center

Condensed Weekend Classes

Saturday and Sunday

9:00 AM to 1:00 PM

Legacy Conference Room

January 12 & 13, 2019

February 9 & 10, 2019

March 9 & 10, 2019

April 6 & 7, 2019

May 18 & 19, 2019

June 8 & 9, 2019

July 13 & 14, 2019

August 10 & 11, 2019

September 14 & 15, 2019

October 12 & 13, 2019

November 9 & 10, 2019

December 7 & 8, 2019

Breastfeeding Classes

Monday Evenings

6:00 PM to 8:00 PM

Legacy Conference Room

January 21, 2019

February 18, 2019

March 18, 2019

April 15, 2019

May 20, 2019

June 17, 2019

July 15, 2019

August 19, 2019

September 16, 2019

October 21, 2019

November 18, 2019

Partners and/or support persons are encouraged to attend and always welcome at the Childbirth Education classes. The Birthing Center reserves the right to cancel a course if there are fewer than three mothers/couples registered. To register, complete the information on the reverse and mail to the address on the form. If you have any questions, please call 802-388-4720 to speak with a Birthing Center representative.

Preparing for Birth and Your Baby

Expectant Parent and Breastfeeding Classes 2019

Mother's Name: _____ Age: _____

Father's/Partner's/Companion's Name: _____ Age: _____

Mailing Address: _____

Street or Box # Town State Zip

Baby's Due Date: _____ Phone: Home: _____

Doctor or Midwife: _____ Work: _____

Hospital/Birth Place: _____ Cell: _____

Email Address: _____

Date of Classes you want: _____

Number of Pregnancies: _____ Number of children & Their Ages: _____

Previous Births at Porter: _____ Mother's health during this pregnancy: _____

Any health problems in previous pregnancies? _____

What do you hope to learn in your classes? _____

Do you plan to breastfeed or bottle feed? Please circle.

Is there anything you'd like your instructor to know about you? _____

Please mail form to:

Porter Birthing Center

Porter Hospital, Inc.

115 Porter Drive, Middlebury, Vermont 05753

Please call the Birthing Center at 802-388-4720 prior to your scheduled course date to confirm location and enrollment.



UVMHealth.org/PMC